



24TH INTERNATIONAL SYMPOSIUM ON DIABETES

4 - 5 JANUARY 2025

GRAND HYATT HOTEL, MUMBAI



In Association With
Academy Of Advanced Medical Education

Event Partner

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Charak Hall				
Start Time	End Time	Session Name	Speakers	Chaipersons
		Inauguration		
8:30	9:00	Inauguration with Lamp Lighting Chief Guest - V Mohan K Sreekumaran Nair, Kamlesh Khunti, Sumit Bhagra, Anjali Bhagra, Paola Sandroni, D Prabhakaran, A K Das, Banshi Saboo, Mangesh Tiwaskar, Agam Vora, Shashank Joshi		
		Contemporary Issues in Diabetes Care		
9:00	9:15	Diabetes & Obesity the state of our Nation- A Fact sheet & Practice essentials	A K Das, Puducherry	Banshi Saboo, Ahmedabad, Sanhita Walawalkar, Mumbai N Kannan, Chennai
9:15	9:30	Diabetes Epidemic in India and some novel solutions	V Mohan, Chennai	
9:30	9:45	TOPSPIN: New paradigm of managing hypertension in India	D Prabhakaran, Delhi	
9:45	10:00	Hypertension and Diabetes - What's New ?	Anuj Maheshwari, Lucknow	
		Hot Topics		
10:00	10:15	Vitamin C in Metabolic Diseases	Mangesh Tiwaskar, Mumbai	Amit Saraf, Mumbai, Rakesh Bhadade Mumbai Heena Goswami, Jamnagar
10:15	10:30	Higher risk of shingles in diabetes: It's time to protect	Agam Vora, Mumbai	
10:30	10:45	Novel way to treat newly diagnosed Indian T2D	Parag Shah, Ahmedabad	
10:45	11:00	Non Nutritive Sweetners in Diabetes Care	Rajiv Kovil, Mumbai	
		S S Ajgaonkar Oration		
11:00	11:25	Blood Glucose in Focus: Does It Matter in Diabetes Care?	Kamlesh Khunti, UK	A K Das, Puducherry, Parag Shah, Ahmedabad
		Individualised Care in Diabetes		
11:25	11:40	Personalized Diabetes Management - Leveraging the Power of Data	Shashank Joshi, Mumbai	Suresh Sawardekar, Mumbai, Manoj Chitale, Nashik, Shashank Joshi, Mumbai
11:40	12:00	DSN as standard of care in diabetes management	Jothydev Kesavadev, Thiruvananthapuram	
		RV Sathe Oration		
12:00	12:30	Countermeasures to brain changes and dementia in pre-diabetes and T2DM	K Sreekumaran Nair, Mayo Clinic, USA	Sumit Bhagra, USA A K Das, Puducherry
		WIDF Oration		
12:30	1:15	Mitigating the Consequences of Hyperglycaemia in Type 2 Diabetes: Lessons from the UKPDS	Rury Holman, Oxford, UK	K Sreekumaran Nair, Mayo Clinic, USA Shashank Joshi, Mumbai

1:15	2:00	LUNCH		
		Cardio-Renal-Metabolic Care in Diabetes		
2:00	2:30	Navigating the Complexities of CKM: Understanding the Interplay of Cardiovascular, Renal, and Metabolic Health	Krishna Seshadri, Chennai	Ajay Kumar, Patna N Kannan, Chennai, Piyush Desai, Surat
2:30	3:00	Optimizing CKM Care: Exploring the Impact of Oral Semaglutide in Tackling Type 2 Diabetes and Complications	Pramila Kalra, Bengaluru, Sonali Patange, Mumbai	
		Mixed Bag		
3:00	3:15	Going beyond glycemic control with Remogliflozin	L Sreenivasa Murthy, Bengaluru	Suresh Purohit, Mumbai, Ashit Bhagwati, Mumbai, Manohar Sabne, Karjat
3:15	3:30	Finerenone: A disease modifying therapy for Heart and Kidney benefits+C26:C32	Shreerang Godbole, Pune	
		Insulin Practice Pearls 2025		
3:30	3:45	Practical Perspective on early Insulinization with gold standard basal insulin – On Glargine U100	Sanjay Agarwal, Pune	
3:45	4:00	Patient-Centered Approaches to Diabetes Care: Gen 2.0 Basal Insulin Across Patient Populations – On Glargine U 300	Krishna Seshadri, Chennai	
		Modern Insulin Symposium		
4:00	4:15	The unfolding journey of insulin evolution and the gaps in adoption	V Mohan, Chennai	Balaji Chidambaram, Kumbakonam Shambo Samajdar, Kolkata Anirban Basu, Kolkata
4:15	4:35	Harmonizing diabetes care with insulin coformulation: Attributes beyond efficacy	Ajay Kumar, Patna	
4:35	5:00	Simplifying basal bolus therapy using case nuggets - role of flexible insulins	Jothydev Kesavadev, Thiruvananthapuram	
		Plenary Sessions		
5:00	5:30	Redefining Diabetes Care: Shifting from Glucocentric Focus to a cardiorenal-metabolic systems approach	Sumit Bhagra, Mayo Clinic, USA, K Sreekumar Nair, Mayo Clinic, USA	Shashank Joshi, Mumbai Banshi Saboo, Ahmedabad
		State of the Art Lectures		
5:30	6:00	Surmounting Diabetesity what's new ?	V Mohan, Chennai	Nikhil Nashikkar, Mumbai Alka Gandhi, Mumbai Jimit Vadgama, Surat
6:00	6:30	Diabetic Autonomic Neuropathy based on Evidence	Paola Sandroni, Mayo Clinic, USA	
		WIDF India Award		
6:30	7:00	30 years post DCCT what changed in india in T1 D space	Banshi Saboo, Ahmedabad	K Sreekumaran Nair, Mayo Clinic, USA Sumit Bhagra, Mayo Clinic, USA, Kamlakar Tripathi, Varanasi

4th January 2025

Sushrut Hall

Start Time	End Time	Session Name	Speakers	Chaipersons
		Obesity Workshop		
10:00	10:20	Tirzepatide -Novel GIP/GLP-1 RA	Bipin Sethi, Hyderabad	Dakshata Padhye, Mumbai Alok Varma, Bhopal, Tanuja Shah, Mumbai
10:20	10:50	SURMOUNT-ing Obesity with Tirzepatide – SURMOUNT 1 & 4	Uday Phadke, Pune	
10:50	11:20	SURMOUNT-ing Obesity with Tirzepatide – SURMOUNT 2 & 3	Sunil Gupta, Nagpur	
11:20	11:30	Q & A	Bipin Sethi, Uday Phadke, Sunil Gupta	
1:00	2:00	LUNCH		
		Innovations and Technology in Diabetes Care		
2:00	2:15	Index of Central Obesity Waist-Height Ratio - Original Innovation	Rakesh Pareek, Jaipur	Rakesh Pareek, Jaipur Pankaj Agrawal, Bhopal Heena Goswami, Jamnagar
2:15	2:30	Next-Generation Sequencing in Monogenic Diabetes: Insights and Lessons from the Past Decade	Aaron Chapla, Vellore	
2:30	2:45	Devices for Adherence Enhancement and Deprescribing: Dual Interventions in Elderly Diabetes Care	Shambo Samjadar, Kolkata	
2:45	3:00	Creating Digital Twins in Metabolic Health	Maluk Mohammed, Chennai	
3:00	3:15	Innovations in EMR in Diabetes	Aniruddha Sapatnekar, Mumbai	
		Diabetes Technology and Therapeutics		
3:15	3:30	SMBG Consensus State of the Art	Purvi Chawla, Mumbai	Lotika Purohit, Mumbai Chandani Jain, Mumbai Rahul Kulkarni, Pune
3:30	3:45	Leveraging digital technology for improved diabetes care: Benefits and recommendations	Bharat Saboo, Indore	
3:45	4:00	The Age of Microfluidics- A new Horizon in Point of care testing	Vaishali Deshmukh, Pune	
4:00	4:15	APPA for Procrastination	Rucha Walawalkar, Mumbai	

5th January 2025

Charak Hall

Start Time	End Time	Session Name	Speakers	Chaipersons
		Therapies in Diabetes.. Evolving Landscape		
9:00	9:15	T3 and T3 Analgoues in Metabolic Medicine	Mayur Agrawal, Bhopal	Jaydeep Shinde, Mumbai Pradeep Gadge, Mumbai Sankar Das, Sreerampore
9:15	9:30	Time Tested Therapy- the enduring legacy of Sulphonylureas	Supratik Bhattachraya, Kolkata	
9:30	9:45	Hypothyroidism & Diabetes - What's New?	Arundhati Dasgupta, Siliguri	
9:45	10:00	Imeglimin -Novel Treatment Option in Type 2 Diabetes	M Shunmugavelu, Tiruchirappalli	
		Beyond Glycemic Control.. Can Anti-diabetic Therapies Offer Organ Protection ?		
10:00	10:15	Optimizing CKD Care in T2DM: Learnings from EMPA KIDNEY Study	P G Talwalkar, Mumbai	Ami Sanghavi, Mumbai Priya Dabhade, Singapore Ragini Maheshvari, Mumbai
10:15	10:30	MASLD, emerging threat. Management strategies - Pioglitazone	Dakshata Padhye, Mumbai	
10:30	10:45	Diabetic Heart Failure : What's New ?	Kamlakar Tripathi, Varanasi	
10:45	11:00	Harnessing the potential of dapagliflozin in diabetes and HFpEF	Anoop Misra, Delhi	
		WIDF & IAD Awards and World India Med-Ed Course Launch		
11:00	11:15	WIDF & IAD Awards and World India Med-Ed Course Launch - Essentials in Diabetes Care		K Sreekumaran Nair, Mayo Clinic, USA Shashank Joshi, Mumbai, Sumit Bhagra, Mayo Clinic, USA, A K Das, Puducherry
		Hot Topics		
11:15	11:30	Stemcells as a Biomarker in Diabetes	Sabyasachi Sen, George Washington University, USA	Shashank Joshi, Mumbai, Narayan Deogaonkar, Nashik Bensley Gonsalves, Mumbai
11:30	11:45	VIBE (Value, Innovation, Belonging, Empowerment) Automation at Mayo Clinic	Anjali Bhagra, Mayo Clinic, USA	
		MMS Ahuja Oration		
11:45	12:15	AI & Diabetes: the next frontier	Sumit Bhagra, Mayo Clinic, USA	S M Sapatnekar, Mumbai, B R Bansode, Mumbai Jaideep Shinde, Mumbai

		RD Joshi Oration		
12:15	12:45	Novel Approaches and Treatment Strategies in Pain Diabetic Peripheral Neuropathy	Paola Sandroni, Mayo Clinic, USA	S M Sapatnekar, Mumbai, Shefali Karkhanis, Mumbai Dakshata Padhye, Mumbai
		B S Raheja Oration		
12:45	1:15	Diabetic Dyslipidemia	Sabyasachi Sen, George Washington University, USA	S L Soneji, Mumbai Manish Agarwal, Ahmedabad Rajeev Madan, Bhopal
1:15	1:45	LUNCH		
		Obesity Symposium		
1:45	2:00	"From Menarche to Menopause": Clinical implication of obesity on women's health	Rishma Pai, Mumbai	Sanhita Walawalkar, Mumbai Kamini Lakhiani, Mumbai
2:00	2:15	STEPping up to obesity care with subcutaneous Semaglutide 2.4 mg	Rajesh Rajput, Delhi	
2:15	2:30	Who can be started on Semaglutide 2.4 mg? - Case Vignette	Neeta Deshpande, Belgaum	
2:30	2:45	Obesity's Duel –Surgery vs. Drugs in the Neural Arena	Jayshree Todkar, Pune	
		Evolving Therapies in Diabetes.. Story of Incretins to Insulin		
2:45	3:00	Liraglutide Biosimilar: The game changer for managing Diabetes	Rajeev Chawla, Delhi	Sunil Kamble, Mumbai Parveen Ansari, Mumbai Lukose Johnson, Thiruvananthapuram
3:00	3:15	Role of Gut-Protein axis in Diabetes	Siva M Sivaramakrishnan, Ahmedabad	
3:15	3:30	Breaking the complexities of diabetes management with SOLID evidence	Hemant Thacker, Mumbai	
3:30	3:45	From Basal to Bolus: Enhancing Insulin Therapy with Intensification Strategies	Mohan Badgandi, Bengaluru	
		Plenary Sessions		
3:45	4:00	Saroglitazar in Diabetes & MAFLD	Vijay Panikar, Mumbai	Nikhil Nashikkar, Mumbai Jimit Vadgama, Surat Akash Duragkar, Nagpur
4:00	4:15	Art & Science of Medicine in Diabetes	Anil Bhorkar, Mumbai	
4:15	4:30	Lobeglitazone promise in T2DM: Addressing Insulin resistance & MASLD	Vijay Negalur, Mumbai	
4:30	4:45	Vision threatening complications in Diabetes	Bhagyashree Meshram & Somasheila Murthy, Mumbai	

4:45	5:00	Integrating CGM in Diabetes Care	Manoj Chawla, Mumbai	
5:00	5:30	Sitagliptin Long-Term Treatment Efficacy on Type 2 Diabetes Complications	Vimal Pahuja, Mumbai	
		Valedictory Function		
5:30	6:00	Valedictory Function		

5th January 2025				
Sushrut Hall				
Start Time	End Time	Session Name	Speakers	Chaipersons
		Yoga & Health		
8:00	8:20	Sahaj Yoga in Diabetes	Sandeep Rai, Mumbai	Piyush Desai, Surat Sailesh Kumar Bansiwal, Bhopal
8:20	8:40	Supervised Suryanamaskar practices in Type 2 Diabetes	Shambo Samajdar, Kolkata	
8:40	9:00	Yoga in Health and Disease	Shashank Joshi, Mumbai	
		Mindfulness Workshop		
2:00	3:00	Mindfulness and Preventing Burnout for Patients their caregivers including Physicians	Keynote Speaker: Anjali Bhagra, Mayo Clinic, USA	Dakshata Padhye, Ami Sanghvi, Ishita Sachdev, Aditya Hingwala
		Sexual Health		
3:00	3:30	Sexual Health Workshop	Deepak Jumani, Mumbai	Rahul Medidar, Solapur Anwar Ahmad Aftab, Srinagar